



Chong Siow Ann

Senior Consultant Psychiatrist, IMH

Adjunct Professor, Lee Kong Chian School of Medicine, NTU

Adjunct Professor, Saw Swee Hock School of Public Health

Research Interests:

- Psychosis
- Psychiatric Epidemiology
- Health Service Research

Email: siow_ann_chong@imh.com.sg

Biography

Professor Chong Siow Ann is a Senior Consultant Psychiatrist at the Institute of Mental Health (IMH). He has mentored clinicians and researchers in IMH - a few of whom have become either successful researchers or achieved positions of clinical leadership. He was the principal investigator of the first 5-year translational clinical research programme in neuroscience (psychosis), and has led a group of researchers comprising epidemiologists, biostatisticians and health service researchers who are part of the Programme of Epidemiology and Health Service Research.

He has authored more than 400 journals articles, several in high impact journals that have contributed to a deeper understanding of psychosis, psychopharmacology and stigma towards mental illness. The landmark Singapore Mental Health Studies and Well-being of Singapore Elderly Study have resulted in groundbreaking papers that have established the prevalence and correlates of mental disorders and dementia in Singapore.

Professor Chong is also on the editorial board of several journals and is on the panel of expert contributors for the Strait Times - and his Op-Ed pieces have created a deeper understanding and empathy towards those with mental illnesses.

Selected Publications

- Verma S, Subramaniam M, Chan YH, Deslypere JP, Teo EK, Chong SA. Post-SARS psychological morbidity and stigma among general practitioners and traditional Chinese medicine practitioners in Singapore. *Annals of the Academy of Medicine, Singapore*. 2004; 33:743-8.
- Chong SA, Mythily, Lum A, Chan YH, McGorry P. Determinants of duration of untreated psychosis and the pathway to care in Singapore. *International Journal of Social Psychiatry*. 2005; 51:55-62.
- Chong SA, Verma S, Vaingankar JA, Chan YH, Wong LY, Heng BH. Perception of the public towards the mentally ill in a developed Asian Country. *Social Psychiatry and Psychiatric Epidemiology*. 2007; 42:734-739.
- Chong SA, Abdin E, Nan L, Vaingankar JA, Subramaniam M. Prevalence and impact of mental and physical comorbidity in the adult Singapore population. *Annals of the Academy of Medicine, Singapore*. 2012; 41(3):105-110.

- Chong SA, Abdin E, Vaingankar JA, Heng D, Sherbourne C, Yap M, Lim YW, Wong HB, Ghosh-Dastidar B, Kwok KW, Subramaniam M. A population-based survey of mental disorders in Singapore. *Annals of the Academy of Medicine, Singapore*. 2012; 41(2):49-18.
- Vaingankar JA, Subramaniam M, Lim YW, Sherbourne C, Luo N, Ryan G, Phua A, Shahwan S, Kwok KW, Brown J, Bradley M, Orlando Edelen M, Chong SA. From well-being to positive mental health: Conceptualization and qualitative development of an instrument in Singapore. *Quality of Life Research*. 2012; 21(10):1795.
- ...Chong SA.... Biological insights from 108 schizophrenia-associated genetic loci. *Nature*. 2014; 511:421-425.
- Subramaniam M, Chong SA, Vaingankar JA, Abdin E, Chua BY, Chua HC, Eng GK, Heng D, Hia SB, Huang W, Jeyagurunathana A, Kua J, Lee SP, Mahendran R, Magadi H, Malladi S, McCrone P, Pang S, Picco L, Sagayadevan V, Sambasivam R, Seng KH, Seow E, Shafie S, Shahwan S, Tan LL, Yap M, Zhang Y, Ng LL, Prince M. Prevalence of dementia in people aged 60 years and above: Results from the WiSE study. *Journal of Alzheimer's Disease*. 2015; 45(4):1127-1138.
- Subramaniam M, Abdin E, Picco L, Pang S, Shafie S, Vaingankar JA, Kwok KW, Verma K, Chong SA. Stigma towards people with mental disorders and its components - a perspective from multi-ethnic Singapore. *Epidemiology and Psychiatric Sciences*. 2017; 26(4):371-382. doi: 10.1017/S2045796016000159.
- Subramaniam M, Abdin E, Vaingankar JA, Shafie S, Chua BY, Sambasivam R, Zhang YJ, Shahwan S, Chang S, Chua HC, Verma S, James L, Kwok KW, Heng D, Chong SA. Tracking the mental health of a nation: prevalence and correlates of mental disorders in the second Singapore mental health study. *Epidemiol Psychiatr Sci*. 2019; 29:e29.

Notable Research Awards & Grants From Past 5 Years

| Name of Awards & Grants | Year Obtained |
|---|---------------|
| AIC "Service evaluation and assessment of components of case-management for patients with psychiatric morbidity" | 2015 |
| NHG Distinguished Senior Clinician Award | 2016 |
| The Public Administration Medal (Bronze) (National Day Awards) | 2016 |
| Best Publication Gold Award, Annals of the Academy of Medicine Singapore | 2016 |
| NCSS "Employment of Young Persons with Mental Illness (YPMI) in Singapore: A Study on Perspectives of Key Stakeholders" | 2016 |
| MND, AIC, HDB "Managing hoarding behaviours in the community" | 2016 |
| NMRC HSRG for "A nationwide knowledge, attitudes and practice (KAP) survey on diabetes in Singapore's general population" | 2017 |
| Distinguished Psychiatrist Award (Singapore Psychiatric Association) | 2017 |
| GCEO's Distinguished Research Mentor Awards (NHG) | 2019 |
| Clinical Mentorship Awards (IMH) | 2020 |
| MOH, NCID and Temasek Foundation for "Population wellbeing and resilience during the Covid-19 outbreak in Singapore" | 2020 |