



## Yuan Qi

Senior Research Fellow, Research Division, IMH  
PhD, Chinese University of Hong Kong

Research Interests:

- Stigma
- Mental Health of Caregivers
- E-/m-health

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## Biography

Qi is a senior research fellow at the Research Division, Institute of Mental Health. His research mainly focuses on stigma, mental health of caregivers, and e-/m-health. He is a trained quantitative researcher.

He earned his PhD in Public Health from the Jockey Club School of Public Health and Primary Care, the Chinese University of Hong Kong, and a bachelor's degree in Public Health Management from Tongji Medical College, Huazhong University of Science and Technology, China.

## Selected Publications

- Yuan Q, Tan GTH, Wang P, Devi F, Goveas R, Magadi H, ... Subramaniam M. **Combining a variable-centered and a person-centered analytical approach to caregiving burden – a holistic approach.** *BMC geriatrics*. 2021; 21(1):286. <https://doi.org/10.1186/s12877-021-02238-2>.
- Yuan Q, Wang P, Tan TH, Devi F, Poremski D, Magadi H, ... Subramaniam M. **Coping patterns among primary informal dementia caregivers in Singapore and its impact on caregivers - Implications of a latent class analysis.** *The Gerontologist*. 2020. <https://doi.org/10.1093/geront/gnaa080>.
- Zhou C, Weng J, Tan F, Wu S, Ma J, Zhang B & Yuan Q. **Pregnancy-related anxiety among Chinese pregnant women in mid-late pregnancy under the two-child policy and its significant correlates.** *Journal of affective disorders*. 2020; 276: 272-278. <https://doi.org/10.1016/j.jad.2020.07.099>.
- Yuan Q, Abdin E, Picco L, Vaingankar JA, Shahwan S, Jeyagurunathan A., ... Subramaniam M. **Attitudes to Mental Illness and Its Demographic Correlates among General Population in Singapore.** *PloS one*. 2016; 11:11, e0167297.
- Yuan Q, Liu S, Tang S & Zhang D. **Happy@ Work: protocol for a web-based randomized controlled trial to improve mental well-being among an Asian working population.** *BMC Public Health*. 2014; 14(1): 685.

## Notable Research Awards & Grants From Past 5 Years

Name of Awards & Grants	Year Obtained
Singapore Allied Health Award (Gold), Singapore Health and Biomedical Congress	2018

NHG Population Health Grant for “Design and Pilot-test of an Innovative Mobile-based Intervention to Promote Mental Health of Informal Dementia Caregivers through User-Centered Design”

2021