



Liu Jianlin

Research Fellow, Research Division, IMH

Research Interests:

- Traumatic Stress and Post-Traumatic Stress Disorder
- Clinical Health Psychology
- Early Intervention in Psychiatry

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Biography

Dr. Liu Jianlin is a Research Fellow at the Institute of Mental Health (IMH). He has experience in leading research studies on traumatic stress and mental health. Dr. Liu obtained his PhD from the Yong Loo Lin School of Medicine, National University of Singapore under the President's Graduate Fellowship (Lee Kong Chian Scholarship). As part of his doctoral dissertation, Dr. Liu was the Principal Investigator (PI) of a local study on trauma and psychosis; the research findings were published in 6 reputable international journals in psychiatry and clinical psychology. In addition to clinical research on trauma, Dr. Liu had analyzed population-based data on adverse childhood experiences and protective psychological resources from the 2016 Singapore Mental Health Study; the research findings were published in the leading Asia Pacific journal (*Australian and New Zealand Journal of Psychiatry*) and he was awarded the 2021 Singapore Allied Health Gold Award. Dr. Liu was also the first Asian recipient of the prestigious 2019 European Association of Psychosomatic Medicine (EAPM) Young Investigator Award for his first-authored published work on fear of cancer recurrence in the *Journal of Psychosomatic Research*. Most recently, Dr. Liu was awarded the competitive 2022 NMRC Open-Fund Young Individual Research Grant to advance knowledge in assessment and intervention for trauma and severe mental illness. Dr. Liu currently serves as on the editorial board of *Journal of Traumatic Stress*. He is also appointed as editorial fellow for the journal, *Psychology Trauma*.

Selected Publications

- Liu, J., Teh, W.L., Tan, R.H.S., Tan, Y.B., Chandwani, N., & Subramaniam, M. (2021). Sleep disturbance as transdiagnostic mediator between adverse childhood experiences and psychopathology in children and adolescents: A structural equation modelling meta-analyses. *JCPP Advances*. In press.

- **Liu, J.**, Shahwan, S., Abdin, E., Vaingankar, J.A., Basu, S., Tang, C., Verma, S., & Subramaniam, M. (2022). Adverse childhood experiences and positive psychotic symptoms: A nationally representative study in Singapore. [*Child Abuse & Neglect*, 131](#), 105778.
- **Liu, J.**, Abdin, E., Vaingankar, J.A., Verma, S., Tang, C., & Subramaniam, M. (2022). Profiles of adverse childhood experiences and protective resources on high-risk behaviors and physical and mental disorders: Findings from a national survey. [*Journal of Affective Disorders*, 303](#), 24-30.
- **Liu, J.**, Abdin, E., Vaingankar, J.A., Lim, M.S.M., Verma, S., Tang, C., Shafie, S., Shahwan, S., & Subramaniam, M. (2021). Positive mental health framework of transdiagnostic factors in elucidating the association between adverse childhood experiences and severe mental disorders. [*Australian and New Zealand Journal of Psychiatry*](#). Advance online publication.
- **Liu, J.**, Mahendran, R., Chong, S.A., & Subramaniam, M. (2021). Elucidating the impact of childhood, adulthood, and cumulative lifetime trauma exposure on psychiatric symptoms in early schizophrenia spectrum disorders. [*Journal of Traumatic Stress*, 34](#), 137-148.
- **Liu, J.**, Lim, M., Ng, B.T., Chong, S.A., Subramaniam, M., & Mahendran, R. (2020). Global emotion dysregulation and maladaptive cognitive emotion regulation strategies mediate the effects of severe trauma on depressive and positive symptoms in early non-affective psychosis. [*Schizophrenia Research*, 222](#), 251-257.
- **Liu, J.**, Subramaniam, M., Chong, S.A., & Mahendran, R. (2020). Maladaptive Cognitive Emotion Regulation Strategies and Positive Symptoms in Schizophrenia Spectrum Disorders: The Mediating Role of Global Emotion Dysregulation. [*Clinical Psychology & Psychotherapy*, 27\(6\)](#), 826-836.
- **Liu, J.**, Chan, T.C.T., Chong, S.A., Subramaniam, M., & Mahendran, R. (2020). Impact of emotion dysregulation and cognitive insight on psychotic and depressive symptoms during the early course of schizophrenia spectrum disorders. [*Early Intervention in Psychiatry*, 14\(6\)](#), 691-697.
- **Liu, J.**, Chua, J.J-X., Chong, S.A., Subramaniam, M., & Mahendran, R. (2020). The impact of emotion dysregulation on positive and negative symptoms in schizophrenia spectrum disorders: A systematic review. [*Journal of Clinical Psychology*, 76\(4\)](#), 612-624.
- **Liu, J.**, Subramaniam, M., Chong, S.A., & Mahendran, R. (2019). A systematic examination of cognitive emotion regulation strategies, global emotion dysregulation, and cognitive insight in relation to post-traumatic stress disorder symptoms among trauma exposed patients with early nonaffective psychosis. [*Psychological Trauma: Theory, Research, Practice, and Policy*](#). Advance online publication.

- **Liu, J., Peh, C.X., Simard, S., Griva, K., Mahendran, R. (2018).** Beyond the fear that lingers; The interaction between fear of cancer recurrence and rumination in relation to depression and anxiety symptoms. [*Journal of Psychosomatic Research*](#), *111*, 120-126.
- **Liu, J., Peh, C.X., Mahendran, R. (2017).** Body image and emotional distress in newly diagnosed cancer patients: The mediating role of dysfunctional attitudes and rumination. [*Body Image*](#), *20*, 58-64

Notable Research Awards & Grants from Past 5 Years

Name of Awards & Grants	Year Obtained
European Association of Psychosomatic Medicine (EAPM) Young Investigator Award	2019
Singapore Allied Health Award (Gold)	2021
NMRC Open-Fund Young Individual Research Grant	2022