



Poh Chee Lien

Assistant Director of Nursing, Nursing Service, WH

Research Interests:

- Health Professions Education / Leadership
- Community Nursing / Telehealth / Telemedicine
- Gerontology / Mental Health Nursing

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Biography

Ms Poh Chee Lien is the Assistant Director of Nursing at Woodlands Health, Singapore. Before her appointment with Woodlands Health, she was an Assistant Director at the National Healthcare Group Education Office, Singapore; Assistant Director of Nursing (Education) and Head of Nursing Training Department at the Institute of Mental Health (IMH), Singapore.

Chee Lien holds a Master of Health Science (Education) from the University of Sydney, Australia; a Bachelor of Nursing from the University of Sydney, Australia; Advanced Diploma in Nursing (Gerontology) from Nanyang Polytechnic, Singapore; and a Diploma in Nursing from Nanyang Polytechnic, Singapore. She is also an Evidence-Based Practice Clinical Fellow of Joanna Briggs Institute, Adelaide, Australia.

Besides serving as a member of the National Healthcare Group Domain Specific Board / Institutional Review Board (DSRB/IRB) Domain A and the Woodlands Health Clinical Research Committee, Chee Lien also serves as a reviewer for local and international conferences and journals. She had also served as a member of the Institute of Mental Health Clinical Research Committee; co-organized the 9th Joanna Briggs Institute Biennial International Colloquium with National University Hospital and National Healthcare Group Health Services and Outcomes Research (NHG HSOR) in 2014; and co-led the establishment of the Joanna Briggs Institute-Institute of Mental Health (Singapore) Centre for Evidence-Based Practice in Mental Health Care in 2010. She mentors and supervises nursing research and/or evidence-based practice studies conducted by all grades of nurses at Woodlands Health.

Selected Publications

- Poh CL, Tang CL, Chng ML, Abraham S, Koh SHD, Kunasagaran M. Health Educational Needs of Patients with Acute Schizophrenia: Patient and Health Care Professional Perceptions. *Singapore Nursing Journal*. 2003; 30(3):32-40.
- Poh CL. Learning from Problem-Based Learning in A Web-Based Environment: A Systematic Review. *Republic Polytechnic PBL Reflection*. 2010; Issue 9.
- Yong KK, Poh CL, Galistan TA, et al. Effects of Multisensory Therapy on Agitated Behaviours and Cognition of Geriatric Patients with Schizophrenia in A Long-term Care Setting - An Experimental Study. *Singapore Nursing Journal*. 2011; 38(3):24-35.
- Poh CL, Parasuram R, Kannusamy P. Nursing Inter-Shift Handover Process in Mental Health Settings: A Best Practice Implementation. *International Journal of Evidence-Based Practice*. 2013; 11:26-32. <https://pubmed.ncbi.nlm.nih.gov/23448327/>.

- Lee SY, Dong L, Lim YH, Poh CL, Lim WS. SBAR: Towards A Common Interprofessional Team-based Communication Tool. *Medical Education*. 2016; 50(11):1167-1168. [Received Medical Education’s Henry Walton Prize in June 2017]. <https://pubmed.ncbi.nlm.nih.gov/27762004/>.
- Picco L, Pang S, Lau YW, Jeyagurunathan A, Satghare P, Abdin E, Vaingankar JA, Lim S, Poh CL, Chong SA, Subramaniam M. Internalized Stigma among Psychiatric Outpatients: Associations with Quality of Life, Functioning, Hope and Self-esteem. *Psychiatry Research*. 2016; 246:500–506. <https://www.sciencedirect.com/science/article/pii/S0165178116307818>.

Notable Research Awards & Grants From Past 5 Years

Name of Awards & Grants	Year Obtained
NHG Health Outcomes and Medical Education Research Grant (HOMER Grant) for “Evaluate the nursing students' level of entrustment for clinical practice using workplace-based assessment tools: Perspectives of nursing clinical instructors”	2019
NHG HOMER Grant for “Nurses’ Experiences in Utilizing Structured Online Learning Activities to Enhance Clinical Competence: A Descriptive Qualitative Study”	2021